

CLIENT INTAKE FORM

Today's Date _____

A. Client's Name _____ Age _____ Birth date _____

Parent/Guardian's name(s) _____ Age(s) _____

Address _____

street

city

province

postal code

Phone (home) _____ (work) _____ best time to call _____

Marital Status: ☐ single ☐ engaged

☐ married (how long _____) times married _____

☐ separated (how long _____) ☐ divorced (how long _____)

Education _____ Occupation _____

Spouse's Name _____ Age _____ Birth date _____

Spouse's Education _____ Spouse's Occupation _____

B. List name, birth date, sex, relationship of all children, and whether they live at home with you.

Name	Birth date	Sex	Relationship	At Home?
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

C. Who is coming for counseling? _____ Any prior counseling?

☐ Yes ☐ No If yes, when? _____ Where? _____ With whom? _____

Why? _____

Are you, or another family member, currently seeing a psychiatrist or another counselor? ☐ Yes ☐ No

If so, what family member? _____ Name of helper _____ For

what purpose? _____ Person

to contact in emergency (name, relationship, phone, address) _____

Please fill out the following information
as it applies to the client

D. State the nature of the problem in your own words:

What is your most difficult relationship right now? _____

What is your most difficult emotion right now? _____

E. CRISIS INFORMATION: Any current suicidal thoughts, feelings, or actions?

☐ Yes, ☐ No If yes explain: _____

Any current homicidal or assaultive thoughts or feelings or anger-control problems: ☐ Yes ☐ No If yes, explain: _____

Any past problems, hospitalizations, or jailings for suicidal or assaultive behavior?

☐ Yes ☐ No If yes, describe: _____

Any current threats of significant loss or harm (illness, divorce, custody, job loss, etc.)? ☐ Yes ☐ No If yes, describe _____

F.MEDICAL INFORMATION: Doctor's name, address, and phone _____

Are you presently taking any medication: ☐ Yes ☐ No If so, what? _____

For what purpose? _____

Any problems with ☐ eating ☐ sleeping ☐ chronic pain ☐ recent weight changes

Describe any answers checked above: _____

Any other medical problems? _____

Have you or a family member ever been hospitalized for mental or emotional illness? ☐ Yes ☐ No If yes, please explain – dates, place, reason: _____

G. Common problem/symptom checklist.

Fill in: 0 = none; 1 = mild, 2 = moderate, 3 = severe.

- | | | |
|-------------------------------------------|---------------------------------------------|------------------------------------------|
| <input type="checkbox"/> marriage | <input type="checkbox"/> divorce/separation | <input type="checkbox"/> alcohol/drugs |
| <input type="checkbox"/> God/fait | <input type="checkbox"/> premarital | <input type="checkbox"/> child custody |
| <input type="checkbox"/> other addictions | <input type="checkbox"/> church ministry | <input type="checkbox"/> singleness |
| <input type="checkbox"/> disabled | <input type="checkbox"/> grief/loss | <input type="checkbox"/> past hurts |
| <input type="checkbox"/> sexual issues | <input type="checkbox"/> work/career | <input type="checkbox"/> depression |
| <input type="checkbox"/> codependency | <input type="checkbox"/> family | <input type="checkbox"/> school/learning |
| <input type="checkbox"/> fear/anxiety | <input type="checkbox"/> intimacy | <input type="checkbox"/> children |
| <input type="checkbox"/> money/budgeting | <input type="checkbox"/> anger control | <input type="checkbox"/> communication |
| <input type="checkbox"/> parents | <input type="checkbox"/> aging/dependency | <input type="checkbox"/> loneliness |
| <input type="checkbox"/> self-esteem | <input type="checkbox"/> in-laws | <input type="checkbox"/> weight control |
| <input type="checkbox"/> mood swings | <input type="checkbox"/> stress management | |

Other (specify): _____

H. Who referred you to us? (name, relationship, and phone number _____

If a professional referred you to us, may we send them a thank-you, noting your contact? ____ Yes ____ No

If yes, we will only send a thank-you, any other contact will require your express written permission.

THANK YOU for taking the time to fill out this information sheet. Your counselor will review this with you in the first session and use it to best assist you in your counseling work. We will maintain your strict confidence regarding this information, subject to the exceptions noted in the informed consent document.